

W E A R E

O N E

CitizenFEST!

GLASGOW'S FESTIVAL OF CITIZENSHIP 2019

A celebration of inclusive citizenship and the possibilities
of a world where everyone matters – without exception.

9, 10, 11 AUGUST

Strathclyde University & Merchant City

MUSIC, WORKSHOPS, FILM, ART, TALKS, WRITING & STALLS!

introduction!

Welcome to We Are One: CitizenFEST! – Glasgow’s unique Festival of Citizenship for 2019.

The We Are One Festival is a celebration of inclusive citizenship, and the possibilities of a world where everyone matters – without exception. This is a Citizen Network event supported by ENABLE Scotland, and a range of other charities.

The festival has seven zones mirroring Citizen Network’s seven keys to citizenship – Love, Life, Home, Freedom, Help, Purpose, and Money – the very basic things we need to play our part in local community and within society more generally.

Three days of music, drama, connections, storytelling, art, inspiration, keynotes, idea labs, comedy and fun.

Entry to the festival is **FREE** of charge.

Please come along to this family-friendly event by registering for your place at:

<https://citizenfest2019.eventbrite.co.uk>

Please follow and share:



citizenfest



citizenfestweareone



stay up late!

One BIG night of LIVE MUSIC, BANDS and DJs
on Friday 9th August at Strathclyde Union.

Stay Up Late campaigns to make sure that people with learning difficulties are able to lead active, fun social lives and able to live life the way they want to.

Stay Up Late Scotland is a growing band of people making plans to challenge what gets in the way of good social lives and working together to create solutions. They do this through promoting equality at all venues, and celebrating communities coming together to have a fun time and listen to good music. It's not just about staying up late but about getting the right support to live your life your way!

This is a 'pay what you want' gig – donations on the door – with all proceeds being shared between the musicians.



stay up late!

presenting...

AYAWARA

We are an Afro percussion and dance group. The West African music is played on Djembe and Dundun drums as well as a variety of other percussion instruments. We are a perfect example of a "melting pot": our origins range from West African to Scottish, including French, Czech, Nigerian and others.

THE OUTSIDERS

The Outsiders are a band made of talented musicians, singers and performers. They draw a huge audience and have followers from all over the UK. They are accomplished musicians, going from being a covers band to writing their own material, and they have recorded two albums and toured around the UK.

WELL HAPPY BAND

Well Happy are the happiest band you'll ever meet! Be it a party, festival or gig, we're dedicated to making your lives happier one song at a time! Now a 13 strong piece band of merry folk, The Well Happy Band are bringing original and fresh sounds to every gig they play. The band consists of an array of musical instruments, making each song they play sound fantastic.

LIMELIGHT MUSIC

Limelight Music is a project that provides performing arts training for disabled people and is one of the largest employers of musicians with impairments in Scotland. Limelight Music presents a number of talented musicians proving that music is open to all.

SENSATRONIC LAB

A Sensatronic Lab is an experimental music, art and technology project, working with young people from all backgrounds. Sensatronic is an energetic band made up of musicians from the project.

PARAGON MUSIC

Paragon is an inclusive music company inspiring people to create and perform their own music. Passionate about using music and the arts to raise people's aspirations, promoting positive self-image, teamwork, communication and learning.

venues!

1 STRATHCLYDE STUDENTS UNION

90 John St
G1 1JH

Vertigo Hall
Barony Bar
Debate Chamber
Recharge Cafe

2 CAFÉ MONO

12 Kings Court
G1 5RB

3 THEATRE NEMO

The Briggait
141 Bridgegate
G1 5HZ

4 TRON THEATRE

63 Trongate
G1 5HB

5 PROJECT ABILITY

103 Trongate
G1 5HD

6 SPOON CAFÉ

46 Trongate
G1 5ES

7 SCOTTISH YOUTH THEATRE

105 Brunswick St
G1 1TF

Blue Room
Gold Room

8 THE CLUTHA

159 Bridgegate
G1 5HZ



Road closures will be in effect during this event. Please refer to the Glasgow City Council website and plan your trip in advance.

listings!

Saturday 10th August is a packed day of events – take your pick!

Our compere in Vertigo Hall is Singer/Songwriter/Composer/Producer/Director/Motivational Teambuilder Greg Friel @FrielanceMusic.

TALK

A Provocation

Vertigo Stage, SSU | 10.30-10.40

Welfare Reform in the age of Austerity, Brexit and Trump. (*Centre for Welfare Reform*)

Jackie Baillie, MSP

Vertigo Stage, SSU | 10.50-11.10

Keynote address from the Convenor of the Scottish Parliament Cross-Party Group on Learning Disability. (*Social care and citizenship*)

All means All!

Barony Bar, SSU | 11.10-11.40

Community influence is achieved in many ways. Real contributions are made through presence & being. Challenge the myth that people with complex learning disabilities can't contribute & demonstrating the opposite. Let's affect deep, meaningful societal change! (*Pippa Murray, IBK Initiatives*)

Keys to Citizenship

Vertigo Stage, SSU | 11.10-12.00

A workshop on the creation and application of the seven Keys to Citizenship by one of the creators. (*Simon Duffy*)

Roar Pursuits

Barony Bar, SSU | 12.00-12.30

Ground-breaking early intervention life hacks, designed by care leavers for care leavers. (*Roar Pursuits CIC*)

Caring Activism

Barony Bar, SSU | 13.00-13.50

Showing how citizens can take power with each other to support vulnerable people in a crisis – e.g., a teenager leaving a care home with no family or job; or an elderly person moving in and out of hospital. Caring Activist teams catch people who are falling through the safety nets. (*Interconnections*)

The Systems That Make Mistakes

Debate Chamber, SSU | 13.30-14.20

Dementia is not always well understood. Join Alzheimer Scotland and others to discuss how misunderstanding and assumptions impact on the lives of people living with dementia and their carers. (*Alzheimer Scotland*)

Propellipaati (Propellerheads)

Blue Room, SYT | 14.20-15.20

This workshop will showcase Propellerhead's change design methods. Kukunori is Finland's key organization for the promotion of citizen involvement in volunteering, using art & culture to work with those with mental health issues, disabled people, prisoners, and marginalized communities. (*Markus Vahala of Kukunori, Finland, together with the Scottish Recovery Network*)

Enough is Enough

Debate Chamber, SSU | 14.30-15.20

Launch of "Homes not Hospitals" campaign in Scotland. (*Enough is Enough & Radical Visions*)

Self-Directed Support: Call to Action

Vertigo Stage, SSU | 15.30-15.50

Self-Directed Support provides the legislative basis for all social work and social care services in Scotland. It's time to raise awareness about the legislation and raise standards of practice across the country to ensure better outcomes for everyone. (*ENABLE Scotland, Radical Visions, Community Brokerage Network*)

DEBATE

Citizen's Basic Income Network Scotland Workshop

Debate Chamber, SSU | 11.10-12.30

Basic Income is the radical proposal that every citizen should receive an unconditional, regular cash payment, providing a financial safety net for all and supporting people in all areas of citizenship. This event examines the individual and collective significance of Basic Income. (*CBIN*)

Turning the Tanker

Debate Chamber, SSU | 12.50-13.20

Inclusion, autonomy and choice are at the heart of public policies BUT it seems governments do not understand that this can only be achieved through the natural relationships we all depend upon. An exploration of what might be done to change this. (*LivesthroughFriends and Vanguard Thinking*)

Active Citizen or Passive Consumer?

Recharge Cafe, SSU | 13.00-15.40

"What's in a Phrase - Bottom Up and Top Down?": Are you an active citizen, a passive consumer, or maybe a bit of both? People say that democracy is in a mess - what do you think? What is Government for and what's our role as Citizens? We have views on this and want to hear yours via lively debate. (*Deeper Democracy and LivesthroughFriends*)

People Based Development

Spoon Café | 14.20-15.20

Take some time out to dig deep into your attitudes about social care. (*Manavodaya UK*)

WORKSHOP

Queer Citizens

Blue Room, SYT | 10.40-12.40

What does citizenship mean to queer people? Are we considered citizens like everyone else? Do we see ourselves as citizens? How do we engage with citizenship, both within and outside our own community? This is a space to explore belonging, learn together and share experiences. (*Garry Mac*)

ENABLE Travel App

Spoon Café | 12.00-12.50

Promoting independent travel by digital means. (*ENABLE Scotland*)

A Quality Life

Debate Chamber, SSU | 12.40-13.20

VIAS quality improvement service strives to ensure that people with learning disabilities and/or autism have meaningful choice and control in their lives. This interactive workshop explores the key elements of a good life and how we can help people to dream and achieve their goals. (*Values Into Action Scotland*)

LET's TALK about mental health

Blue Room, SYT | 12:50-14:20

The lived experience of mental health by Clutha Survivor, Michael Byrne. (*LET's TALK*)

Tackling Violence Towards Women

Spoon Café | 13.00-14.10

Women Only - Safe Space
Wise Women pro-actively address women's fears and experiences of violence and crime by providing free Personal Safety and Confidence Building Courses and Workshops to women living in local communities in Glasgow. (*Wise Women*)

Your Voice Counts

Barony Bar, SSU | 14.00-15.40

This co-produced workshop focusses on citizen engagement and democracy. Participants will hear how everyone can play a part in influencing and affecting change in society so that it works for all. Participants will also have the chance to learn about the workings of the Scottish Parliament. (*Neighbourhood Networks and Scottish Parliament Outreach Team*)

Think Different, Be Different

Tron Theatre | 14.20-15.10

Safe in Your Box or Ready for Freedom? This one hour workshop run by Clearview Minds looks at the real aspect of the phrase 'Think Different, Be Different.'. Using a range of NLP techniques, delegates will learn how to challenge current beliefs and thoughts about themselves and create new neural pathways to construct a different perspective on personal capabilities and mindset. Join us and learn how to control that inner voice with some simple techniques for everyday use. (*Clearview Minds*)

MUSIC

The Every Voice Choir

Vertigo Stage, SSU | 10.00-10.20

Inclusive and inspiring singing from West Dunbartonshire. (*A dementia-friendly choir from West Dumbarton*)

TD1 In Glasgow

Theatre Nemo | 12.00-12.30

Crowd pleasing music from a four piece recovery band, based in Galashiels. (*TD1 Band*)

Amber Weijzig Entertains

Vertigo Stage, SSU | 12.20-12.30

Talented audience pleaser. (*Amber Weijzig*)

Adam Ross Solo

Barony Bar, SSU | 12.30-12.50

Melodic folk/pop songs from Scottish singer - songwriter Adam Ross. (*Randolph's Leap*)

Young Scotland's Got Talent

Vertigo Stage, SSU | 12.30-13.30

YSGT celebrates and showcases the amazing contribution that people with learning disabilities and/or autism make to the working world. (*Values Into Action Scotland - Young Scotland's Got Talent*)

Refugee Survival Trust

Vertigo Stage, SSU | 14.30-15.30

Stories and music about the New Scots: Glasgow is my home. (*Refugee Survival Trust*)

Shiro Miruku Taiko & Castlemilk

Vertigo Stage, SSU | 16.10-16.20

An energetic drum and movement piece guaranteed to liven up your day. (*Theatre Nemo*)

Reignite The Fire

Café Mono | Evening Session

A story asking what is it to be human, to be connected, to be free. Together we will reignite the fire and together we will dance. (*Dream Machine*)

FILM

Animation

Gold Room, SYT | 10.30–11.20

Oska Bright Film Festival has a long history of championing animators. The screening brings together long term submitters and new talent. (*Oska Bright*)

Living and Learning with Dementia

Gold Room, SYT | 11:30–11:50

The Greatest Story Ever Told – the Scottish Dementia Working Group in association with The Untold Motion Picture Company. (*Alzheimer Scotland*)

Creative Practice in Dementia Care

Gold Room, SYT | 12.00–12.20

A film emphasising that we should never underestimate the abilities of the people we are working with. (*Alzheimer Scotland*)

The Man at The Gate

Gold Room, SYT | 12.30–13.10

The story of Clive Hammond. (*Partners for Inclusion*)

Queer Freedom

Gold Room, SYT | 13.30–14.00

A brand new LGBTQIA+ screening, celebrating the queer community, love and self expression. (*Oska Bright*)

Portrait of the Artist

Gold Room, SYT | 14.00–14.30

Putting pen to paper, paint to canvas. Films highlighting learning disabled artists from around the world. (*Oska Bright*)

Ben Jones – Secret Agent

Gold Room, SYT | 14.30–15.20

Live action films (The Ben Jones Mysteries) and animations by Cailean Stillie. (*StillMac Productions*)

WRITING

Working Class Writers

Recharge Café, | SSU 10.00–11.00

A celebration of Glasgow's working class writers, with readings and discussion from Ely Percy, Julie Rea and Chris McQueer. (*Working Class Writers*)

Monstrous Regiment

Recharge Cafe | 11.00–12.30

Bisexuals are often the most invisible of the sexualities, but not at this event. Join us for an afternoon of bi visibility celebrating the launch of Monstrous Regiment's New Testimonials. (*Bi Writers*)

HEALTH

Therapeutic Massage

Recharge Café, SSU | All Day

Providing information on the benefits of massage as a means of relaxation and a way to de-stress. Talking through some simple massage techniques and providing a massage taster to anyone who'd like one! (*Mathew Elks*)

Therapeutic Massage

Recharge Café, SSU | All Day

Therapeutic Massage by Rachel Henderson. (*Rachel's Touch*)

STALLS

Hidayah

Recharge Café, SSU | All Day

Art work from LGBT+ Muslims from around the Muslim world. (*Hidayah*)

Safety in the Home

Recharge Café, SSU | All Day

Stay safe in your home with help from the Scottish Fire Service. (*Scottish Fire and Rescue Service*)

We're All Fae Somewhere

Recharge Café, SSU | All Day

Enabling Glaswegians to extend a friendly welcome to forcibly displaced people arriving in the city through welcome packs, events and our volunteer opportunities. This is your chance to write a letter, donate essential items or participate in other ways. (*Refuweegee*)

LEAP Sports Scotland

Recharge Café, SSU | All Day

LEAP Sports works for greater inclusion for LGBTI people in sport, and against homophobia, biphobia and transphobia in a sports context. We are committed to breaking down barriers which prevent LGBTI people from accessing, participating and excelling in sport. (*LEAP Sports Scotland*)

Children's Zone

Recharge Café, SSU | All Day

Activities for kids (kids must be supervised at all times).

Health and Social Care Alliance Scotland

Recharge Café, SSU | All Day

Information Stand with ALLIANCE programme leaflets, etc. (*The Alliance*)

Grow and Go

Recharge Café, SSU | All Day

A planting workshop where you can come and learn some gardening and take home a souvenir. (*Natalie Reid*)

Let's TALK Project

Café Mono | Evening Session

Using the 5 Ways-to-Wellbeing to build personal and community resilience. (*SAMH – Scottish Association for Mental Health*)

ART

The Big Picture Imagineer

Vertigo, SSU | All Day

Big Picture will generate a graphic recording of the events of the day in visual format. Everyone is welcome to get involved. (*Imagineer*)

Art Display

Theatre Nemo | All Day

Art work from people with disabilities. (*Cosgrove Care*)

SUNDAY: CLUTHA KIDS

Clutha Kids is a project of The Clutha Trust and celebrates the talent of young musicians in Scotland between the ages of 10yrs – 18yrs. The Kids take to the stage once a month in The Clutha Bar (Sunday 1pm-3pm), but there will be a special Festival performance on **Sunday 11th August**, as the event moves into day 3. Make sure you get along to support the Clutha Kids!

prize giveaway!

The 7 Keys model was developed by Simon Duffy and Wendy Perez to set out the key elements of citizenship that the Festival is based upon:

FREEDOM: being a citizen means being in control of your own life – being able to make decisions, make mistakes, make your own way.

PURPOSE: being a citizen means having a life of meaning – your own meaning.

MONEY: money is important, but maybe not for the reason we all think. Money gives us the means to be independent, to set our own course and to achieve our own goals.

HOME: we all need a place we can call our home, not just a shelter, but a place where we can have privacy, where we can be with those we love, where we belong.

HELP: the challenge today is to get help without having to give up your citizenship.

LIFE: and it is by giving something back to our community that we can really help others to understand our worth.

LOVE: the beginning and the end of citizenship is found in love. Love is also the best guarantee of bringing into existence a new generation of citizens to help build a better world.

So the challenge is to go out and explore the different venues. You are on the lookout for the 7 Keys to Citizenship. At each venue talk to our volunteers and collect all 7 stamps.

At the end of the day bring your completed page back to Vertigo for a prize give away. Only those present at Vertigo will be entered into the draw. Collect the stamps:



Name: _____

organisers!

Citizen Network: We work together – locally and globally – to create welcoming communities for everyone and to form a powerful movement for change all around the world.

Radical Visions: Radical Visions provides practical assistance to fellow citizens, families, organisations and wider society to promote and exercise the values of inclusion. Radical Visions has taken the lead role in creating the Festival alongside the partner organisations.

In Control Scotland: Our aim is to support the development of a sustainable system of self-directed support in Scotland where people are in control of and able to direct the – how, when, in what way and by whom – they are supported.

ENABLE Scotland: We are a Scottish charity, working for an equal society for every person who has a learning disability.

LEAP Sports Scotand: LEAP Sports Scotland (Leadership, Equality and Active Participation in Sports for LGBTI people in Scotland) works for greater inclusion for LGBTI people in sport and against homophobia, biphobia and transphobia in a sports context.

Values Into Action Scotland: We believe in a Scotland where people with learning disabilities or autism have the same opportunities as everyone else and are supported to achieve these goals, whether to work, live where they want or to have a relationship.

Unity Enterprise: We believe in fair and inclusive communities where everyone is valued and has opportunities to fulfil their potential.

Public-i: We are festival and event management specialists. Our background is in stage management, event and performance programming, marketing, running venues, etc.



Citizen Network
FOR A WORLD WHERE EVERYONE MATTERS

in Control[®]
Scotland



LEAP
sports
SCOTLAND



RADICAL
VISIONS



sponsors and supporters!

Neighbourhood Networks: Working with people in our neighbourhoods to support each other, to live independently in our own homes and to follow our dreams.

Alliance: The national third sector intermediary for a range of health and social care organisations.

ENABLE Scotland: We are a Scottish charity, working for an equal society for every person who has a learning disability.

Partners for Inclusion: Our aim is to support people to live how they choose, influence and enhance opportunities available to all.

Able Magazine: UK's Flagship Disability Lifestyle Magazine.

Alzheimer Scotland: Making sure that nobody faces dementia alone in Scotland.

Wheatley Group: Wheatley is Scotland's leading housing, care and property - management group.

Key: Key provide personalised supports and housing solutions for people with disabilities and long term conditions across Scotland.

C-Change: Supports people that have learning disabilities, mental health issues and other additional support needs to have real positive change in their lives regardless of their age or circumstances.

TAG: Enables people with learning disabilities to have a stronger voice in the services they use and in their local communities.



more info!

Citizen Network - for a world where EVERYONE matters

We are all wonderfully different and we're all absolutely equal. But so often we become divided and fearful. We build walls, instead of bridges. If you are too different you can be pushed to the margins: excluded, institutionalised or worse.

Progress is possible. We've seen people challenge and overcome discrimination. We've seen people embrace difference and build inclusive communities. We've seen people break free and exercise their citizenship. We can do so much better.

Change begins with ourselves. To create a better world we must think and act differently. Each one of us can help bring about the world we want to see – a world where our diversity is cherished and our equality is respected. Citizen Network was formed in 2016 to help make this process of global transformation real. We are all citizens, we are all equal and we all have a contribution to make. But this contribution can only be made through community – by working with others.

Citizen Network is a cooperative. It brings people together, from all around the world, to support each other to create a world where everyone matters. We cannot wait for permission to change. We must welcome others into community and change our world together – today.

WE ARE
ONE

CitizenFEST!

GLASGOW'S FESTIVAL OF CITIZENSHIP 2019

We Are One: CitizenFEST is a volunteer led event. Times may change at short notice – please check social media for updates. Children must be supervised by an adult. All efforts have been made to make venues accessible.

Citizenfest is a network of charities and organisations who have come together to produce this festival – We Are One.

Email: weareone@in-controlscotland.org.uk



WE ARE ONE
Presents

STAY UP LATE

Live Music
Bands
DJs

Donations
Welcome

Friday 9th August, 2019

Barony Bar @ Strathclyde Union

90 John Street, Glasgow, G1 1JH

7pm to Late



Citizen Network
FOR A WORLD WHERE EVERYONE MATTERS

in  Control
Scotland



RAISE
DONATE
COMMIT
#ENABLE65

CitizenFEST!

GLASGOW'S FESTIVAL OF CITIZENSHIP 2019